

## **Pre-K Room Daily Schedule**

### **8:30-9:15 Arrival, Hand Washing and Work Time**

We welcome children and create a pleasant environment for them to play. We ask all children and parents to wash hands as they enter the classroom. At this time of day children work with a teacher to create a plan for their morning's activities. These include, but are not limited to, art projects, sensory exploration, dramatic play, and creating structures. Teachers closely observe and play with children to help elaborate and expand their play, encouraging them to incorporate new materials, concepts, and challenges from multiple developmental domains.

### **9:15-9:45 Work Time Review, Large Group Time, Morning Circle**

Children gather in small groups to review the morning's activities. Children are encouraged to reflect on their work and share work samples, photographs, and new discoveries. We then gather together as whole group for active community experiences such as dancing, yoga, or movement games to challenge our gross motor muscles, which also helps children focus for circle time. During our circle a special helper of the day is chosen and that child gets to read the morning message and add numbers to our calendar. We wrap up circle by singing a few songs or playing games. Children are dismissed individually or by small groups to the sinks for hand washing.

### **9:45-10:00 Hand Washing, Morning Snack, Bathroom**

All children and adults wash hands and then sit together at small tables to enjoy a healthy snack. This time provides children with an opportunity to practice social skills, fine motor skills, as well as good manners and healthy food choices

### **10:00-10:15 Hand Washing and Story Time**

All children are required to wash their hands after eating. The whole group then comes back together to read high quality children's literature, enjoy puppet shows and practice oral storytelling.

### **10:15-11:00 Small Group Time**

Children break into small groups to work directly with a teacher. The teaching team provides a rich curriculum to encourage broad academic and social development. Through careful observation teacher's create a wide range of activities to meet each child's needs. These include sensory exploration, art projects, science experiments, preliteracy activities, nature walks, math games, and an array of other experiences to challenge and nurture each individual's growth. All children are strongly encouraged to use the bathroom before we use the playground.

### **11:00-11:30 Outside Time or Activity Room**

We play outside everyday unless it is raining or there are extreme temperatures. Teacher's observe and play with children to expand their appreciation of nature, build social skills, and encourage creativity and authentic learning through the opportunities outdoor play provides.

Children and teachers are expected to dress appropriately for outside play. In the case of inclement weather we will utilize the activity room where children have an opportunity to use their active bodies and engage in activities such as obstacle courses, music and movement, and physical challenges (e.g. skip, hop on one foot, etc.)

**11:30-12:15                    Hand Washing and Lunch**

All children and adults wash hands and then sit together at small tables to enjoy lunch. Everyone brings their own lunch. Teachers are expected to set an example for healthy eating habits. This is another great opportunity for children to practice appropriate manners as well as communicate with one another.

**12:15-1:30                    Closing Circle and Outside Play**

At this time the children that are picked up at 12:30 will meet for closing circle. The teacher will read stories, play books on tape, sing songs, and/ or play games. The children that stay for after care will play outside or in the activity room.

**1:30-2:30                    Hand Washing, Tooth Brushing and Rest Time**

All children are required to wash their hands after outside play. Toothbrushes are provided for each child and children are provided the opportunity to brush teeth. Before rest we often enjoy a book, calm our bodies with stretches, or other soothing activities. Each child has his/ her own labeled sleeping mat. Not all children will sleep but they do need to rest quietly on their mats. The teacher will provide soundscapes, quiet music, or books on tape for the children.

**2:30-3:00                    Wake-Up, Hand Washing, and Snack**

All children and adults wash hands and then sit together at small tables to enjoy a healthy snack. It is a great time for the children to work on their self-help skills as well as socialize with their peers and teachers.

**3:00-3:30                    Wind-Down Activities and Dismissal**

Areas of the classroom are open for free play. The teachers gradually close areas which require more clean-up (blocks, dramatic play, etc.) to allow for easier departure.

**3:30-5:30                    Outside Play, Art Project, and Last Dismissal**

A group of multi-aged children will be able to play outside or in the activity room. They will then come back together and create an art project, play games, sing songs, and read books. Teachers will also be responsible for clean-up of the classroom.

**5:30                            Center Closes**

**\*Our schedule is adapted to meet the needs of the children**

**\*\*Outside time will occur when weather and health risk conditions are not a hazard**