

Nursery Room Daily Schedule

8:30-8:50 Hand Washing, Greeting Time

We ask all children and parents to wash hands as they enter the classroom. We welcome children and create a pleasant environment for them to play.

8:50-9:20 Large Group Time

Large group time provides the children an opportunity to move their bodies and challenge their gross motor muscles. Stretching, yoga poses, dancing, musical chairs, and playing instruments are a few examples of large group activities.

9:20-9:45 Hand Washing, Circle, Morning Snack, Bathroom

All children and adults wash hands and then sit together at small tables to enjoy a healthy snack. During circle time a special helper of the day is chosen. He/she is responsible for dressing weather bear, adding numbers to the calendar, and serving as the line leader of the class. Snack time provides children with an opportunity to practice social skills, fine motor skills, as well as good manners. All children are strongly encouraged to use the bathroom before we use the playground.

9:45-10:30 Outside Time or Activity Room

We play outside everyday unless it is raining or there are extreme temperatures. In that case we will utilize the activity room. Children and teachers are expected to dress appropriately for outside play.

10:35-10:45 Hand Washing, Circle

All children and teachers are required to wash their hands after outside play. The whole group then comes together to sing songs and listen to a story.

10:45-11:10 Small Group Time

At this time teachers provide adult initiated activities in which children are able to explore materials in their own way with the adult sharing the excitement of their discoveries. The teacher plans the materials based on learning content, children's interests, and their levels of development.

11:10-11:45 Plan, Do (Work Time)

Children will be responsible for implementing their own play to complete various tasks including but not limited to art projects, sensory table exploration, science experiments, math skills, reading, writing, and practicing fine motor skills using manipulatives. Teachers help facilitate children's play and help them to carry out or make modifications to their initial plans.

11:50-12:00

Review, Hand Washing

Review time allows children to share with the group what they did during work time. Work samples as well as pictures are examples of ways for children to share their experiences. This time may also be used to brainstorm problem solving techniques to be used to help with adverse situations that occur during work time. Children and adults will then wash hands for lunch.

12:00-12:20

Lunch

All children and adults wash hands and then sit together at small tables to enjoy meal time. Everyone brings their own lunch. Teachers are expected to set an example for healthy eating habits. This is another opportunity for children to practice appropriate manners as well as communicate with one another.

12:20-12:30

Closing Circle, Outside Play

At this time the children that are picked up at 12:30 will meet for closing circle. The teacher will read stories, play books on tape, sing songs, and/or play games. The children that stay for after care will play outside or in the activity room.

1:30-2:30

Hand Washing, Tooth Brushing, Rest Time

All children are required to wash their hands after outside play. Toothbrushes are provided for each child and children are given the opportunity to brush teeth. Each child has his/ her own labeled sleeping mat. Not all children will sleep but they do need to rest quietly on their mats. The teacher may provide books on tape for the children.

2:30-3:00

Wake-Up, Hand Washing, Snack

All children and adults wash hands and then sit together at small tables to enjoy a healthy snack. It is a great time for children to work on their self help skills as well as socialize with their peers and teachers.

3:00-3:30

Wind-Down Activities, Dismissal

Areas of the classroom are open for free play. The teacher gradually close areas which require more clean-up (blocks, dramatic play, etc.) to allow for easier departure.

3:30-5:30

Outside Play, Art Projects, Last Dismissal

A group of multi-aged children will be able to play outside or in the activity room. They will then come back together to create an art project, play games, sing songs, and read books. Teachers will also be responsible for clean-up of the classroom.

***Our schedule is adapted to meet the needs of the children**

****Outside time will occur when weather and health risk conditions are not a hazard**